

dōTERRA



Keeping Kids Healthy Mom's Top 5 Oils!



Thank you....

For attending this event!

For allowing me to share my passion!

Kristi & Amelia



01.08.2012

My Intention is to help YOU

Makeover Your Medicine Cabinet!

Be empowered as a Mom to take
care of the hard stuff-

Coughs, Colds, Allergies, Asthma,

And more, using all natural
Essential Oils to help keep your
family healthy!



What is an essential oil?

- *Natural aromatic compounds found in plants
- *Steam distilled or cold pressed extractions
- *Highly concentrated - 50 to 70 times more powerful than herbs
- *Wide range of uses, from cosmetics to foods to natural health solutions
- *Often the inspiration for synthetically produced pharmaceutical products



The doTERRA difference

- 💧 **PURE**—100% natural, no artificial ingredients, fragrances, or fillers
- 💧 **SAFE**—Certified to be free of pesticides and other chemical residues
- 💧 **POTENT**—Standardized active compounds



A natural way to take care of our health used by ancient cultures.





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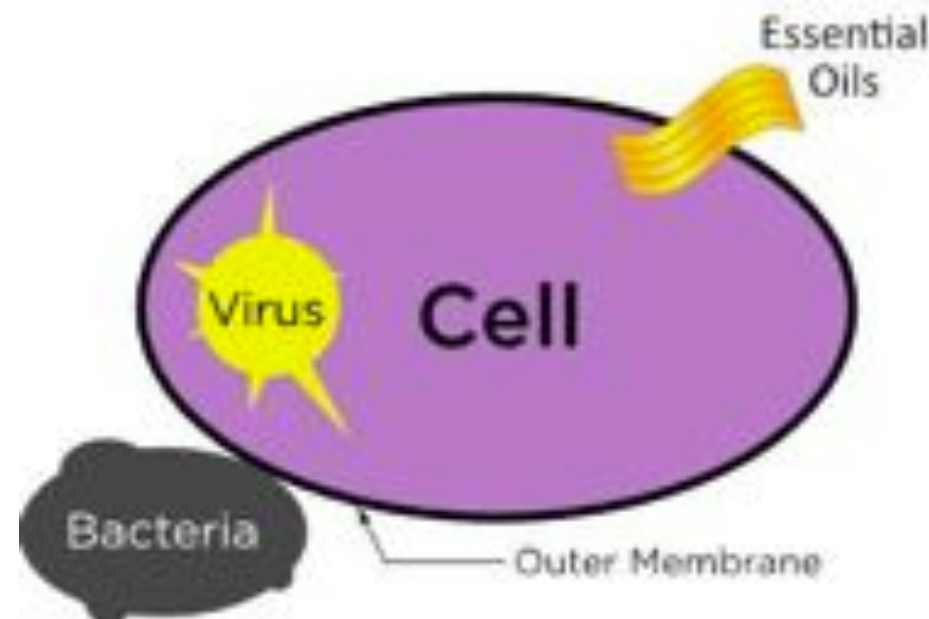


**ONE drop of peppermint essential oil
is equivalent to 28 cups of peppermint tea!**



Essential Oils

can kill **viruses** & Bacteria



- *Antibiotics cannot penetrate cell membrane
- *Essential oils CAN penetrate cells to kill viruses and bacteria



Topical

- ★1 drop of essential oils will service every cell of your body
- ★Apply to bottoms of your feet to enter your blood stream
- ★For children and babies dilute in fractionated carrier oil
- ★Apply to head, feet, ears, chest & back of neck
- ★Use to treat inflammation, rashes, skin infections, acne, bug bites





Essential Oil Safety

Very safe and gentle Keep out of eyes, ears, and nose

Dilute with vegetable oil, not water

Do not drink out of plastic

Start slow



all of the cures and remedies we are talking about today
is true for doTERRA CPTG essential oils only!

Mom's Top Five



Lavender

Common Uses



* Burns

*Calm and relieve Stress

*Cuts and Wounds

*Depression

*Earache

*Insomnia

Melaleuca

Common Uses



- *Acne
- *Cold and Flu Season
- *Ear Infection
- *Eczema / Psoriasis
- *Immune System support
- *Skin disorders



Fifteen days later with the use of
Lavender and Melaleuca



Breathe Common Uses

- *Allergies
- *Asthma
- *Bronchitis
- *Cold and Flu
- *Cough
- *RSV



Blend of: Laurel leaf, Peppermint, Eucalyptus, Melaleuca, Lemon, and Ravensara. Cleanses and soothes the airways.

On Guard Common Uses



- * Mold
- *Sore throat
- *Swine Flu
- *Viruses
- *Weak immune system

OnGuard = Natural Defense it reduces viral replication by 90%

Blend of: Wild orange, Clove, Cinnamon, Eucalyptus, Rosemary

Digestzen

Common Uses



Blend of:
Peppermint
Ginger
Fennel
Tarragon
Caraway
Coriander
Anise

- *Constipation
- *Diarrhea
- *Heartburn

- *Indigestion
- *Stomachache
- *IBS or Acid Reflux

About 2% of kids get CROUP each year

Croup is usually caused by a virus and antibiotics are not helpful for treating viral croup.



Apply 2 drops **Frankincense** and **peppermint** with tablespoon of carrier oil (dilute more for infants) to the child's chest area and bottoms of the feet. 4 - 5x's a day and diffuse **lemon** until the coughing stops.

TerraShield and Grapefruit against mosquitos and head lice!

Make your own BUG SPRAY!



Formulated with a proprietary blend of 15 CPTG essential oils

*coverage lasts up to 6 hours per application!

*Add 20 drops of Grapefruit for it's compound called nootkatone - which is an effective repellent/insecticide against deer ticks, lone star ticks, mosquitos, bed bugs, and head lice!



Remember it's simply a war between



Influenza



Frequency
will be the
winner!



Common Cold



Swine Flu



dōTERRA Certified Pure Therapeutic Grade

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Balance



Balance

Grounding Blend

Everyone experiences moments of disconnectedness or anxiety. The warm, woody aroma of Balance, dōTERRA's grounding blend, creates a sense of calm and well-being. We perfectly blend spruce, rosewood, frankincense, and blue tansy to offer an enticing fragrance which promotes tranquility and a sense of balance.

dōTERRA's Grounding Blend



Common Uses:

Anxiety
Back Pain
Confusion
Depression
Fear
Hyperactivity
Mood Swings
Energy
Jet Lag
Grief/Sorrow



Teach by example!

Show your children how to take charge
their **OWN** health care.



Everyone can learn which oil to use for what!
Even children can learn to use the oils!

Tips for PREVENTION!

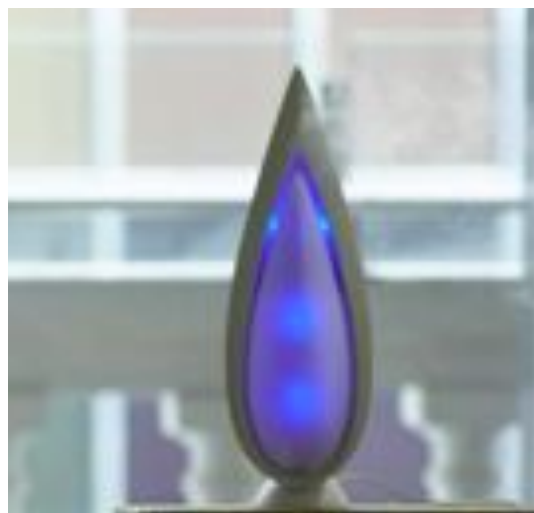
OnGuard on feet morning and night



Cleaning with oils
Lemon, Purify, OnGuard



Lavender and **Balance** on feet
to encourage good sleep and
emotional wellness



Diffuse **OnGuard** and
Breathe on a regular basis

Lemon in your
drinking water



Top 10 Aliments

Ear Infections

Oils to Use:

*Melaluca

*Lavender

How to Use:

Apply behind ears (dilute for sensitive skin). Apply to cotton-ball and put in ear.

Frequency: 3-5 times daily

Bruises/Cuts/Scrapes

Oil to Use:

*Frankincense

*Lavender

*Helichrysum

How to Use:

Apply to affected area
Helichrysum is great to stop bleeding including bloody noses.

Frequency: As needed

Cold/Flu

Oil to Use:

*OnGuard

*Breathe/ Peppermint

*Melaluca/Oregano

How to Use:

Diffuse oils in air liberally.

Apply to bottoms of feet. For fever apply peppermint, dilute with fractionated coconut oil.

Frequency: Hourly

Sleeping

Oil to Use:

*Lavender

*Balance

How to Use:

diffuse oils in air.

Apply to bottoms of feet.

Frequency:

At nap or bedtime

Stomach Problems

Oil to Use:

*DigestZen

*Ginger

*Peppermint

How to Use:

Apply to abdomen, dilute with fractionated coconut oil. Apply to bottoms of feet.

Frequency:

Hourly/As needed

Skin Conditions

Oil to Use:

*Melaluca

*Lavender

*Geranium

How to Use:

Apply on affected area.

Use with fractionated coconut oil/mix in doTERRA lotion. For rashes apply lavender directly on affected area

Frequency: Morning & Night as needed

Babies

Oil to Use:

*Lavender

*DigestZen

*Marjoram/Thyme

How to Use:

Teething and diaper rash apply lavender on affected area. Colic apply diluted Marjoram and DigestZen on tummy. Croup

Marjoram and Thyme

Frequency: As needed

Top 10 Ailments

(Continued)

Cough/Sore Throat

Oil to Use:

*Breathe

*OnGuard

*Lemon

How to Use:

Apply diluted Breathe/ Lemon on chest and /or feet. Sore throat apply diluted OnGuard to feet/ neck or put a drop in drink.

Diffuse in air.

Frequency: 3-5 times daily/

As needed

Emotional/ADHD/ Behavioral

Oil to Use:

*Balance

*Vetiver

*Serenity/Lavender

How to Use:

Diffuse oils in air or apply to terra cotta pendant. Apply topically to either bottoms of feet or back of neck.

Frequency: 3-5 times daily as needed

Respiratory Issues

Oil to Use:

*Breathe

*Lemon

*Frankincense

How to Use:

Apply to chest, dilute with fractionated coconut oil. Apply on hands and inhale. Diffuse in air.

Frequency: As needed

doTERRA's Children's SUPPLEMENTS

a2z



A2Z CHEWABLE

dōTERRA's A2Z Chewable is a proprietary formula of ingredients developed with children, and adults who have difficulty swallowing capsules, in mind. Combining a blend of B vitamins with a blend of vitamins A, C, E, and botanical extracts, A2Z Chewables supports healthy cell development and longevity when taken daily. A2Z Chewable is formulated to be used with dōTERRA's odorless IQ Mega™ Omega-3 fish oil as a comprehensive dietary supplement that supports healthy immunity as well as antioxidant protection.*

IQ Mega



IQ MEGA™

dōTERRA IQ Mega takes the fishy taste out of fish oil, then adds the fresh orange flavor of dōTERRA's wild orange CPTG essential oil. This great tasting and easy to swallow omega supplement provides 1,000 mg of concentrated, pure fish oil per serving. IQ Mega contains essential nutrients EPA and DHA to support healthy brain, cardiovascular, immune, and joint function.* IQ Mega is formulated to be used daily with A2Z Chewable.

First Thought Always

dōTERRA®

I've got an essential oil for that!

dōTERRA® Certified Pure Therapeutic Grade



Trust the Oils

**Remember, essential oils are not magic
but they do create miracles!**



dōTERRA Certified Pure Therapeutic Grade



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dōTERRA Certified Pure Therapeutic Grade



Before you call the doctor



dōTERRA[®] Certified Pure Therapeutic Grade



Before you buy more OTC Stuff



dōTERRA[®] Certified Pure Therapeutic Grade



Take the lid off



dōTERRA Certified Pure Therapeutic Grade



Replace your medicine cabinet with a doTERRA + Family Physician Kit!

CP TG Certified Pure Therapeutic Grade[®] VS Over The Counter Drugs

 Peppermint Pepto-Bismol Tums Energy Drinks No-Doz Tylenol Cold Sudafed Zyrtec, Claritin	 Lavender Neosporin Tylenol Aleve Motrin Tylenol PM Sleeping Aids	 DigestZen Pepto-Bismol Immodium AD Tums Mylanta Laxatives Prilosec	 Deep Blue Tylenol Motrin Aleve Bengay ThermaCare
 Lemon Tylenol Motrin Throat Lozenges Immodium AD Pepto-Bismol Mylanta, Tums Children's Tylenol & Motrin	 Melaleuca Throat Lozenges Ear Drops Nyquil Dayquil Neosporin Ricola	 Breathe Inhalers Vicks Nyquil Dayquil Shower Soothers Vaporizer Refills	 Oregano Nyquil, Dayquil Freeze Away Tylenol Motrin, Aleve Throat Lozenges Pepto-Bismol Tums, Mylanta

This is just the beginning...

Fill your home medicine cabinet with safe, pure and effective doTERRA CPTG Essential Oils.



Easy to make travel kits for you family!



Why it matters?

Because you have the power to make the difference!



Become an Oil Expert!



Facebook Group doTERRAPDX

Facebook Group Joyafamily

www.joyafamily.com for recorded webinars

www.aromaticscience.com

www.everythingessential.me

Take Charge of your Health Today!



WHOLESALE ACCOUNT

\$35 - FREE with enrollment kit

SAVE 25% on all purchases

Loyalty Rewards

10-30% back in FREE products Easy Ordering

Invest in your health and open your own

Loyalty Rewards Program

Months 1 to 3	Months 4 to 6	Months 7 to 9	Months 10 to 12	Months 13+
10%	15%	20%	25%	30%

- LRP is an optional program
- Earn FREE product credits
- Receive FREE product on orders placed by the 15th of each month totaling 125 PV or more
- Flexible dates (1st – 28th)
- You pick the products you want
- Qualify for extra bonuses

 DELTA
SKYMILES

 Marriott
REWARDS.



Business Opportunity



Get your oils for FREE, Earn EXTRA Income,
REPLACE you Income



EVERY OIL KIT

• ESSENTIAL OIL SINGLES: (1.5 ml unless otherwise noted)

Basil	Ginger	Patchouli
Bergamot	Grapefruit	Peppermint
Cassia	Helichrysum (1-ml)	Roman chamomile (1-ml)
Cinnamon (1-ml)	Lavender	Rosemary
Clary sage	Lemon	Sandalwood (1-ml)
Clove	Lemongrass	Thyme
Coriander	Lime	Vetiver
Cypress	Marjoram	White fir
Eucalyptus	Metaleuca	Wild orange
Fennel	Melissa (1-ml)	Wintergreen
Frankincense	Myrrh	Ylang ylang
Geranium	Oregano	

• ESSENTIAL OIL BLENDS: (1.5 ml unless otherwise noted)

AromaTouch®	DigestZen®	Serenity
Balance	Devotion™	Slip and Sassy®
Breathe	Immortale (10-ml)	TerraShield®
Citrus Bliss	On Guard® (1-ml)	Whisper® (1-ml)
Clear Skin® (10-ml)	FastTense® (10-ml)	Zendocrine®
Deep Blue® (1-ml)	Purify	

• FRACTIONATED COCONUT OIL (4 OZ)

• CANVAS BAG

• LOTUS DIFFUSER

• doTERRA IPC INTRODUCTORY PACKET*

• ENROLLMENT

4050 \$1525.00 1400 PV



Natural Solutions Kit \$550

\$90 Savings +
100 Free Product Credit + 15% LRP



doTERRA Home Essentials Kit \$250

\$41 Savings





FAMILY PHYSICIAN® AND SLIM & SASSY® KIT

- Family Physician Kit: 5 ml bottles of lavender, lemon, peppermint, melaleuca, oregano, frankincense, Deep Blue®, Breathe, DigestZen®, and On Guard®
- Slim & Sassy
- dōTERRA IPC Introductory Packet®
- Enrollment

4049 \$150.00 110 PV

dōTERRA



dōTERRA™

Gift of the Earth



WHAT IS AN ESSENTIAL OIL?

- *Natural aromatic compounds found in plants
- *Steam distilled or cold pressed extraction
- *Powerful, safe benefits without side effects



The dōTERRA Difference

A natural way to take care of our health used by ancient cultures.

- 💧 **PURE**—100% natural, no artificial ingredients, fragrances, or fillers
- 💧 **SAFE**—Certified to be free of pesticides and other chemical residues
- 💧 **POTENT**—Standardized active compounds



dōTERRA[®] Certified Pure Therapeutic Grade



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TAKE CHARGE OF YOUR HEALTH TODAY!!!

WHOLESALE ACCOUNT

\$35.00 - Free with enrollment kit

SAVE 25% on all purchases

Loyalty Rewards=10-30% back in FREE products

Easy Ordering

